SEPTEMBER 2023 RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns Contact Nutrition Services (530) 743-4428 or

Monday

Tuesday

Wednesday

Thursday

Friday

Sea Salt Chickpeas = 1M/MA

Juice = 3/4CF

*Students must take all items

NO SCHOOL

Chex Mix = 1GMilk = 80z

*Students must take all items

Bites = 1G

Milk = 80z

Chocolate Tige 12

Strawberry 6 Go-Gurt = 1M/MAJuice = 3/4CF*Students must take all items

Cinnamon Gripz = 1GMilk = 8oz*Students must take all items

Annie's Bunny 8 Crackers = 1G Juice = 3/4CF*Students must take all items

11 Pretzel Twists = 1G Juice = 3/4CF

*Students must take all items

*Students must take all items Goldfish Crackers

= 1GJuice = 3/4CF*Students must take all items

Cheez Its = 1G Juice = 3/4CF*Students must take all items 20

13

Milk = 80z*Students must take all items Scooby Snacks = 1G

Juice = 3/4CF

*Students must take all items

Muffin = 2G

14

Apple = 3/4CFMilk = 8oz*Students must take all items

Rice Krispies Treat = 1GMilk = 80z*Students must take all items

Chex Mix = 1G

Milk = 80z

*Students must take all items

25

Strawberry 26

Go-Gurt = 1M/MAJuice = 3/4CF*Students must take all items

Pop tart = 1G Milk = 8oz*Students must take all items

Annie's Bunny 28 Cinnamon Grip 27 Crackers = 1G = 1GJuice = 3/4CFMilk = 8oz*Students must take all items *Students must take all items

Sea Salt Chickpeas = 1M/MAJuice = 3/4CF*Students must take all items

Cereal Bar = 1G Milk = 80z

*Students must take all items

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages. USDA is an equal opportunity provider, employer, and lender.